



# NOVEMBER 2023



\*Menu subject to change. Salad Bar served at lunch daily. Milk served with all meals.\*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 <b>BREAKFAST</b> Egg Muffins Fruit/Juice <b>LUNCH</b> Hamburgers Beans Waffle Fries Fruit	2 <b>BREAKFAST</b> Bagels Fruit/Juice <b>LUNCH</b> Chicken Noodle Soup Sandwiches Fruit	3 <b>BREAKFAST</b> Oatmeal Toast Fruit/Juice <b>LUNCH</b> Lasagna Garlic Toast Green Beans Fruit
6 <b>BREAKFAST</b> Waffle Fruit/Juice <b>LUNCH</b> Taco Salad Chips Corn Black Beans Fruit	7 <b>BREAKFAST</b> Cereal Toast Fruit/Juice <b>LUNCH</b> Tomato Soup Grilled Cheese Fruit	8 <b>BREAKFAST</b> Hard Boiled Eggs Toast Fruit/Juice <b>LUNCH</b> Pulled Pork Beans French Fries Fruit	9 <b>BREAKFAST</b> Muffins Yogurt Fruit/Juice <b>LUNCH</b> Pot Roast Roasted Potatoes Squash Fruit	10 
13 <b>BREAKFAST</b> Pancakes Fruit/Juice <b>LUNCH</b> Chicken Tortilla Soup Sandwiches Fruit	14 <b>BREAKFAST</b> Cereal Toast Fruit/Juice <b>LUNCH</b> Turkey Mashed Potatoes Corn Stuffing Fruit	15 <b>BREAKFAST</b> Cheese Omelets Toast Fruit/Juice <b>LUNCH</b> Spaghetti Garlic Toast Green Beans Fruit	16 <b>BREAKFAST</b> Bagels Fruit/Juice <b>LUNCH</b> Pizza Breadsticks Fruit	17 <b>BREAKFAST</b> Scrambled Eggs Toast Fruit/Juice <b>LUNCH</b> Beef Stroganoff Carrots Fruit
20 <b>BREAKFAST</b> French Toast Fruit/Juice <b>LUNCH</b> Meatballs Mashed Potatoes Gravy Corn Fruit	21 <b>BREAKFAST</b> Cereal Toast Fruit/Juice <b>LUNCH</b> Knoephla Soup Sandwiches Fruit	22 <b>BREAKFAST</b> Egg Bake Fruit/Juice <b>LUNCH</b> Chicken Bacon Ranch Wraps Corn Fruit		
27 <b>BREAKFAST</b> Pancake Wrap Fruit/Juice <b>LUNCH</b> Chicken Nuggets French Fries Green Beans Fruit	28 <b>BREAKFAST</b> Cereal Toast Fruit/Juice <b>LUNCH</b> Hot Ham & Cheese Corn Fruit	29 <b>BREAKFAST</b> Egg Muffins Toast Fruit/Juice <b>LUNCH</b> Orange Chicken Fried Rice Peas	30 <b>BREAKFAST</b> Muffins Yogurt Fruit/Juice <b>LUNCH</b> Chili Rolls Fruit	

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.